

SM Exhibit J

Face to face
TK Telephone
con'td.

4/13/09 - F/FC Psoriasis Scleroderma

Mr. & Mrs. D2,

4/13,

Physical

Chest pain of 2 yrs. Started in with sweat, like heat, & heavy person. Chest tightness. ER b's now, a few weeks ago, on 4/3/09, was off duty at home & felt bad. First week, chest tightness. Cold feet heat (never had never so many). ^{1/2 week}

Longer pain burning, not rapid heart beats. Feel like heart burn when don't sleep well. → ER in first 1/2 hr. you injection of ^{1/2 week} injection. Longer wake up feeling this. Took 2 tabs ^{1/2 week} of now 2 naps but didn't sleep last few months still getting blisters on feet. (More foot pain now?) yes. Since Nov. 08 didn't wake up on foot than on RMP. Can wake up now for me. People wake in car, at work. It's in May before this & then last week blisters on sole skin. Would rather wake up, (A.D.D. in 1970)

Start prob. ~6 months. Didn't complain about it. ~1 month ago (PCP) pointed finger at it. (for sleep & said?) for sleeping I think.

Doesn't eat much until recently had seen doctor since 2007 or 08. Now - 2009. Trouble sleeping ~3 months, (?) with 4x/3 (?) good beds ~5 am. (bk out sleep?) Reports on how far each day have to go & speak to exploring like TV on gets up 1 AM, 2 AM,

(wake up day right?) No,

(fall asleep at 5 or get in bed at 5?) sleep at 5,

(is 8 hr) No (7) this is 1x/2-3 days.

If her alarm is 6, gets up at 6:00 9-10 AM to get it done 5-4.5 hours, 4-5

(7) 8 hrs on RDO's;

Day work week, 3 out of 5 days gets 4-5 hours.
Felt like ~~run down~~ ^{down} weaker than it was supposed to be
com with regular hours. ~~8~~ ^{other} seem to handle it
well.

"det. Cops," when at work, ^{frustrated}
Wants to do, eat, rest for ~~other~~ reason to keep
putting it off, ~~6/1 don't eat & had to eat food~~
~~around or fast food~~
get referred to see nutritionist & psychiatrist,
wants a better lifestyle.

Drinks too much soda (not diet) ✓

Sometimes works 7-11 at 3 AM of junk food

(Work problems?) Her best boss is her mom

in young age and says "25", been start late, ^{through},
she appealed it, next day ~~she~~ had signs of back
pain (all you do is sit your job, sit another one)

Does not delegate (don't know how to go about doing as
applied she hires a later ally (cost 5000 retainer)

labor cost 1000-1300

Out of 4/13/09 F/F to Po administration

WorX
 Union and help & delegate and they don't do.
 They say he's been stressed & stressed, but
 he never was, no way, NO Worrying

2/25/09, Mos/delegate - 8/9 signs in - no, not C or do.
 They said he has low activity, ^{complaint}
 & other write job summaries ~~that~~ won't & only
 about it. They not lots of "now" for 500
 letters & calls from ^{to} L.

2/25/09
 8/4/09
 John L.

They not over 200's (sky, great & great report)
 Not training in it. Would like more time & off's, etc
 other go, but Mos hasn't been ~~absent~~ present
 Mos thinks it have the standards of Po's who police that way
 Sparks less when think of how they "should be!"

Complaints in 1480 employee suggest him to plant submit recommendations to them

Mos is from TX & his father was a Po in TX

No problems or, as it's last year. (Any change in doing is
 doing?) not sure. Summer probably lower than before. B.S.
 still very active esp. just like ~~the~~ 5. Bonus & I'd him that he
 "used to be a human" but Mos don't need an being "a human,"
 (from?) ^{he} said you ^{to} know ^{he} says

a few year behind in tax return kept me to do it but
 didn't put one off to work block & do it for him,
 just to me him, not vice versa, no problems.

Cont of F/F & Po abgangschalldruck on 4/13/09

opposite end for me to really hear it. ~~He~~^{He} had to take both & ~~comes~~ ^{comes} to the station.  ~~SNIFLE~~ ^{SNIFLE} ~~etc~~

Father had 16 cats & 5 dogs, 18

Mar has to fix her for all. Mar took Mother's (Cat)
against her. Far & off rescue groups of rest
of Cts. All now all get places in houses

Dad & I went to a kennel. I went "kennel crazy" & had
a pot to sleep. They'd just been home for rest. All were
wrist radios; Dad can't do that anymore b/c my new
swimming hangs. Father has been sleeping increasingly better.
We had to take mother back & father to hospital for chemo,
& complete factor. She had stroke while on chemo.

Age 48, Mashed Ro. 100% but can speak & do certain

The PCH was modified to take both 4 day and

1st day, 11. Count of 4 ~~for~~ ^{about} ~~and~~ ~~old~~ ~~and~~

but when Mos was Mos reacts like that,

He stroke with

The spr. 1841. Not her father are "very, or of [blunt]

the father was in 1899. Some was brought in 1900.

(all others) antigenic non-reactivity + other aspects

Put at recent postures. Photo's widely bad, when we cut off
in action. Photo's, in one 6.3 stage action.

Photos of this ~~area~~ ^{area} valley and at 3 AM ~~at 2 AM~~ ~~at 2 AM~~ 500' on a Gneiss Slope

Mr. J. C. L. saw 2 large turtles at grocery shop. Legs & shell
were broken. Both parts were cut off and sold.

Weston. Later stage.

< Sign by the Clerk > *Collected (unst)*

Plan: They removal of F/A plants just and didn't want
a progress. *Dr. R. 12/14/09*

Feedback given to Mos,

Provided Mos to psych doctor, on mind-body connection &
ways he'd see a psychologist who would in that he agreed,
also removal of med. and to a psychiatrist instead of his
PCP but he dealt, psychiatrist anxiomeds if possible
Don't want me

F/A removal contacts by Dr. Mihala & carried out
by Sgt. Michael of absence Contact & Do ^{401, 402, 403} removal of Med. B. 115.

Sgt. Ballou ran the F/A checks, 2 F/A, 2015 which is
reduced to Med Div. / Shred file in locker, 2 guys

Wore at home & ID card was on his person, Mos cooperative, but
doesn't want R/P *as Doctor says*

4/14/09 - Supreme to Dr. Propp, - Please on R/P

4/14/09 - ~~PCP~~ Dr. Chapp, Dr. Daly, Mos off Med 512 &
resting readily to F/D. *as Doctor says*

4/14/09 - Wrote Mos about R/P decision - G.L.

4/15/09 - PCP Mos, explain do/take down ~~PCP~~
He is up to date it & does not indicate reason for it. He

repeatedly said "why, take it on entertaining the idea of seeing a
psychologist?", thinking I properly explained that his physicality of stress
are in need of the. He advised that the "change" are not England (again) that R/P
is not a display action. We will be more in him & encourage this so he can get
better & get back to F/D. He initially received R/P's signed on 4/13/09.
He will follow up & that in writing *as Doctor says*

C 370100000

FITNESS FOR DUTY INTERVIEW FORM

INTERVIEWER Dr LamskinDATE 4/13/09ME Po Edwin SchadewitzCURRENTLY LIVES WITH SelfFAMILY OF ORIGIN
(parents, siblings)

Parents marital status

Parents married b/w mother's death

Deaths

Problems (e.g. serious illness)

Number of siblings 2Past and current relationship with family 2d C father*Sgt. De Rosas
2d C father died after his mother left him
now, she wants him to be a better person
She was always & greatly pregnant at 19,*

MARITAL STATUS

Married

Single

Divorced

Single

no fight b/w

Children 0*No real duty or social life**Mos 1-5 yrs,
not have & broken*

Dating pattern (if married)

*Since moved to NY no 2.**5th better 5th &
other happen when mother work*

Describe relationship (length, quality)

*At 2 & went briefly
consumed not able drink in dream**after I came to NY, the 1 had it &
not 2 but not me*

Resolution of conflicts

not 2 but not me

FRIENDS (close)

Number 4-5 *2 partn & 2 others
(work & not social partn & 2 others)**(1) don't want to be involved
with other duty he come up - you don't want
new friend him
of those who not working*On or off job both, *no job*Years known oldest friend 10Sees how often 1-2

ALCOHOL USAGE

Alcohol in week use at least 4/5Drank more 1-2How often has too much to drink 1-2 wksTrouble after drinking 0Blackouts 2x, in dayPHYSICAL FIGHTS SINCE APPOINTMENT TO P.D. (not line of duty)*use at least 4/5 don't like to drink (work)
1-2 wks before that may go out b/w
work & social life**(work & 2) wake up in a park or cage him,
Food drink in cage park, lots of food, no 2,
can't taste the alcohol, in park 1/2 an
hour, wake up & drink again, no (2-4)
(not line of duty)*

ARRESTS

Number

low activity (see Note)

Type

Why so few or many

NECESSARY FORCE USED

Type of force physical

Circumstances

Reaction
 "nurses" arrive,
 Not sure how many substituted

PHYSICAL STATUS
 (Employee's report of)

General health

Sick time on job
 See Note at the bottom
 10 days, ~~10 days~~

Hospitalizations
~~10 days~~ 6 weeks

Current medication (if any)

Was took large bridge

HISTORY OF PSYCHOLOGICAL PROBLEMS

(Whether or not received treatment)

Was took large bridge for 2 days
 No other days off
 No P.D. 10 days from until 1/3/88, ~~1/3/88~~

ARRESTS/NON-TRAFFIC SUMMONSES (times employee was arrested)

MENTAL STATUS (Appearance, attitude, behavior, mood, thinking, speech, etc.)

Appearance wise, Report physical & stress & pretty upset about variety of
 situations, but is resistant to accepting that there is any kind of ~~mental~~ ^{mental} problem or stress problem,
 does not want to place on R/P, minimized, not for public, ~~not for public~~

WHY P.D.?

View of their job in the Department

Like police work in general, but does not like negotiations where he works &
 does not want to write a lot of summonses, 5250's, Delegations with bosses don't
 do much for #15, likes exposure labor duty to contact his peers and evaluate

Re: PO Adrian Schoolcraft
7/27/09 - F/F C Mos

The other vet my. steps father not being
written off step at work issue on R/D. They just leave
him alone. City, they, taking complaint reports etc

re: PO A. Schoolcraft

OF 8/10/09
A. Propp PLS

10/13/09

TC from P.C. Office, SGT Bonilla

646-610-5410

PO Schoolcraft's father called "City Hall" and
spoke to ~~Asst~~ Dep Mayor Slayter's assistant. The
father said that his son was never told why he is
on R/D. SGT Bonilla reached out to PO
Schoolcraft who said he was never told why he
is on R/D.

I told SGT Bonilla that Dr. Lanstein was
away, so could not report in on exact conversation, but I
read some notes which confirm she "gave feedback," and more.
I tell that our policy is to ~~not~~ make the MDT know why
~~they~~ they are being placed in R/D (even if they may
disagree). We also try to direct MDT to place them
can get help, as Dr. Lanstein clearly did.

I told SGT that Dr. Lanstein would call in
PO Schoolcraft as soon as she returns, ^{and} to answer any
questions he may have. SGT Bonilla said that was
fine - it ~~can~~ could wait for Dr. Lanstein's return.

Re: P.O. Adrian Schaeffer
 10/27/09 - FIFCMOS

I explained to Mos that I called him in immediately upon my return from a 2 wk vacation b/c I received msg that his father made a complaint down here that I never told Mos the reason why he is on R/D. Since we had discussed that in detail at his initial & subsequent visits, I empathetically expressed an uncertainty of how he may not have wanted to tell his father the reason why he was on R/D. To make sure that he has a clear understanding of why he is on R/D, I again explained in detail that he is on R/D b/c he had significant physical manifestations of stress that were causing much discomfort & would benefit from treatment & further monitoring.

Mos said he no longer has these physical manifestations of stress even though he is still facing the same stressors as before while on R/D. He is at present doing PCT daily with complete all day long - not attempting to sleep, but not experiencing any sleep (in his opinion) as regular F/10 circle.

I again reinforced stress management training so that next time he is faced with new increased stressors, he won't have a recurrence of the chest pain, headache, memory, report memory, etc. that he had of several months back to the time he came to PES. He said he bought both books I recommended & stated reading them, but not that helpful since not much he didn't know before. He thought the Burns book was kind of corny & preferred the Ellis book. He ~~had~~ ^{had} bought both books to today's appointment & had bookmarked them, ~~had~~ ^{had} not even gone into them (he hasn't read much of them). He said he called a few people of recently & of some time ago & the extra & one extra \$400/therapist ^{which is not included in CBT} & he said could help him focus on Action Planning & insure they most covers CBT in physical side of ADT. He said he would call later to his provider & to make of his next HMO plan so I can make sure the provider are in-network. Mos expressed no opposition to the condition.

S. Daniels Pg 2

10/27/09 - Mos called with his health insurance info.

C Dorothy Prys.

10/27/09 - T/C to Mos

I informed Mos that I found a number of psychologists in Forest Hills (his preferred location) who accept Aetna HMO & specialists in CB7, NYC, 1. Street Apt. He does not have a private job machine so I offered to mail it to him, I also gave him the actrbehavioralhealth.com website for further information as well as edum & self-assessment tools. C Dorothy Prys.

* Andrew Kane, Ph.D.
108-28 68th Drive
Forest Hills, NY 11375
718-997-8072

Thomas Pabon, Ph.D.
110-21 73rd Rd, Suite 6
Forest Hills
718-207-2153

Guver Alter, Ph.D.
110-45 Queens Blvd
Forest Hills
718-575-0110

* Gus Papapetrou, Ph.D.
115-10 Queens Blvd.
Forest Hills, NY
718-544-8454

Let me know if you need any further assistance.

Gerry Jacobs/PSD
718-760-7695